

D 10467

(Pages : 2)

Name.....

Reg. No.....

FIFTH SEMESTER U.G. DEGREE EXAMINATION, NOVEMBER 2021

(CUCBCSS—UG)

Sociology

SOC 5D 01—LIFE SKILL EDUCATION

Time : Two Hours

Maximum : 40 Marks

Section A*Answer all questions.**Each question carries 1 mark.*

Fill in the blanks :

1. _____ are abilities for adaptive and positive behaviour that enable humans to deal effectively with the demands and challenges of life.
2. _____ is the analysis of facts to form a judgment.
3. _____ is a type of discussion that involves group of people sharing ideas or activities.
4. _____ is a structured conversation where one participant asks questions, and the other provides answers.
5. _____ is an example of life skill.

(5 × 1 = 5 marks)

Section B (Very Short Answer Type)*Answer any five questions out of seven.**Each question carries 2 marks.*

6. Life Skill.
7. Critical Thinking.
8. Coping Skills.
9. Communication.
10. Career Planning.
11. Resume.
12. Job Fair.

(5 × 2 = 10 marks)

Turn over

Section C (Short Essay Question)

*Answer any **three** questions out of five.
Each question carries 5 marks.*

13. Discuss different types of Communication.
14. Write a short note on the Career planning.
15. Elaborate the components of life skills.
16. Discuss the major communication skills to be achieved by a person.
17. Explain how to make an interpersonal communication very much effective ?

(3 × 5 = 15 marks)

Section D (Essay Questions)

*Answer any **one** question out of two.
One question carries 10 marks*

18. Write an essay on how to prepare a good resume ? What are the major things to be included ?
19. What is career guidance and elaborate the need and relevance of career guidance.

(1 × 10 = 10 marks)

D 10467-A

(Pages : 3)

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SOC 5D 01—LIFE SKILL EDUCATION

(Multiple Choice Questions for SDE Candidates)

Time : 15 Minutes**Total No. of Questions : 10****Maximum : 10 Marks****INSTRUCTIONS TO THE CANDIDATE**

1. This Question Paper carries Multiple Choice Questions from 1 to 10.
2. The candidate should check that the question paper supplied to him/her contains all the 10 questions in serial order.
3. Each question is provided with choices (A), (B), (C) and (D) having one correct answer. Choose the correct answer and enter it in the main answer-book.
4. The MCQ question paper will be supplied after the completion of the descriptive examination.

SOC 5D 01—LIFE SKILL EDUCATION

(Multiple Choice Questions for SDE Candidates)

1. The abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life :
 - (A) Life skills.
 - (B) Job skills.
 - (C) Personal skills.
 - (D) Functioning skills.
2. The ability to imagine what life is like for another person :
 - (A) Self-awareness.
 - (B) Empathy.
 - (C) Critical thinking.
 - (D) Creative thinking.
3. _____ means that we are able to express ourselves, both verbally and non-verbally, so that our ideas are effectively transmitted to others.
 - (A) Interpersonal relationship skills.
 - (B) Effective communication.
 - (C) Critical thinking.
 - (D) Decision making.
4. Self management skills include being :
 - (A) Imaginative.
 - (B) Aggressive.
 - (C) Stressed.
 - (D) Imbalanced.
5. _____ is a social interaction through messages.
 - (A) Communication.
 - (B) Opinion.
 - (C) Writing.
6. Which of the following are the components of a message ?
 - (A) Content.
 - (B) Text.
 - (C) Tone.
7. The form of communication in which message is transmitted verbally :
 - (A) Verbal Communication.
 - (B) Textual Communication.
 - (C) Mental Communication.

8. A _____ is often composed of the jobs held, titles earned and work accomplished over a long period of time, rather than just referring to one position.
- (A) Career. (B) Hobby.
(C) Interest.
9. Which of the following are some outward signs of positive self-esteem :
- (A) Hatred.
(B) Pity.
(C) An awareness of personal strengths.
10. Indirect resolution of conflict with neither adverse consequences nor consequences marked by loss of pleasure :
- (A) Affiliation. (B) Humour.
(C) Sublimation.